



Assistance and Referral Centre

Montérégie-Centre  www.arc-hss.ca

PATIENT NAVIGATOR SUPPORT

Helping English-speaking residents
navigate healthcare **with confidence**

HOW WE HELP ✦



Understand
your healthcare
options



Navigate
appointments, forms
and services



Connect with
community and
medical support

**Need help navigating
healthcare in English?**

Contact our Patient Navigator!



pn@arc-hss.ca



(438) 459-1549



Monday – Thursday
9:00 a.m. to 4:00 p.m.

“ I'm here to help
you find your
way to better
care – in the
language you
understand.

Therese Callahan
Patient Navigator



Secrétariat aux relations
avec les Québécois
d'expression anglaise

Québec 

Supported by:

CHSSN