


December Activity Calendar

For additional information or to register for an activity, please contact

info@arc-hss.ca or call (514) 951-9711

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|--|-----|---|
| <p>These activities are made possible thanks to our funders</p>  | | | | | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | <p>French Conversation Group @ Activity Centre 10:30-11:30 am</p> <p>Rock Painting Workshop @ Activity Centre 1:00-2:30 pm</p> <p>Ilana's Virtual Drawing Class via Zoom 2:00-3:30 pm</p> | <p>Genealogy Workshop @ Activity Centre 1:00-3:00 pm</p> | <p>Caregivers Cafe @ Activity Centre 10:00-11:30 am</p> <p>Coffee Talks - Parent & Child Lacolle 10:00 am-12:00 pm</p> <p>Seniors Wellness Activity Chambly/GPK/Clarenceville 1:30-3:00 pm</p> <p>Affordable baskets @ Activity Centre 3:00-7:00 pm</p> | <p>Tai Chi/Qi Gong @ CGPKC 9:00-10:00 am</p> <p>Walk & Talk @ GPK 10:30-11:30 am</p> | | <p>Family Wellness Saturday @ St-Jean Military College 10:00 am-2:00 pm</p> |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| | <p>French Conversation Group @ Activity Centre 10:30-11:30 am</p> <p>Rock Painting Workshop @ Activity Centre 1:00-2:30 pm</p> | <p>Computers & Tablets Workshop @ Activity Centre 10:00-11:00 am</p> <p>Social Cooking (Closed Group)</p> | <p>Caregivers Cafe @ Activity Centre 10:00-11:30 am</p> <p>Seniors Wellness Activity Chambly/GPK/Clarenceville 1:30-3:00 pm</p> | <p>Tai Chi/Qi Gong @ CGPKC 9:00-10:00 am</p> <p>Walk & Talk @ GPK 10:30-11:30 am</p> <p>Ilana's In-Person Drawing Class @ Activity Centre 1:00-3:00 pm</p> | | |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| | <p>French Conversation Group @ Activity Centre 10:30-11:30 am</p> <p>Rock Painting Workshop @ Activity Centre 1:00-2:30 pm</p> <p>Ilana's Virtual Drawing Class via Zoom 2:00-3:30 pm</p> | | <p>Caregivers Cafe @ Activity Centre 10:00-11:30 am</p> <p>Seniors Wellness Activity Chambly/GPK/Clarenceville 1:30-3:00 pm</p> | <p>Tai Chi/Qi Gong @ CGPKC 9:00-10:00 am</p> <p>Walk & Talk @ GPK 10:30-11:30 am</p> <p>Book Club (St-Jean) 7:30-9:00 pm</p> | | |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| | <p>ARC OFFICES CLOSED</p> | <p>ARC OFFICES CLOSED</p> | <p>ARC OFFICES CLOSED</p> | <p>ARC OFFICES CLOSED</p> | | |
| 29 | 30 | 31 | | | | |
| | <p>ARC OFFICES CLOSED</p> | <p>ARC OFFICES CLOSED</p> | | | | |

